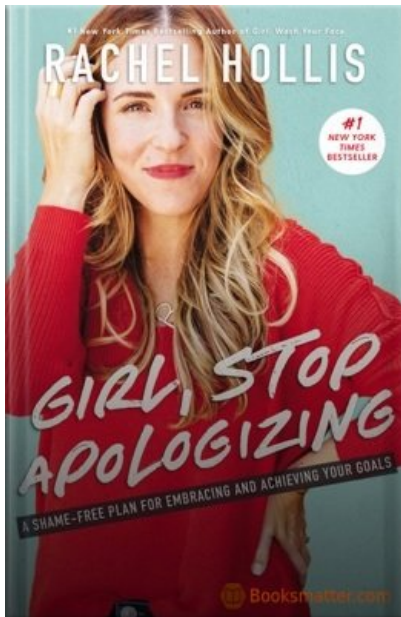


Girl, Stop Apologizing

GIRL, STOP APOLOGIZING EBOOK AUTHOR BY RACHEL HOLLIS



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Page: 240 pages, Read: 5.9 hours

Size: 3.65 MB

Genre: Self-Improvement

Summary

"I believe we can change the world. But first, we've got to stop living in fear of being judged for who we are."

Rachel Hollis has seen it too often: women not living into their full potential. They feel a tugging on their hearts for something more, but they're afraid of embarrassment, of falling short of perfection, of not being enough.

In *Girl, Stop Apologizing*, #1 New York Times bestselling author and founder of a multimillion-dollar media company, Rachel Hollis sounds a wake-up call. She knows that many women have been taught to define themselves in light of other people—whether as wife, mother, daughter, or employee—instead of learning how to own who they are and what they want. With a challenge to women everywhere to stop talking themselves out of their dreams, Hollis identifies the excuses to let go of, the behaviors to adopt, and the skills to acquire on the path to growth, confidence, and believing in yourself.

Instagram Fun -->

<https://www.instagram.com/msrachelhol...>

Facebook Magic -->

<https://www.facebook.com/MsRachelHollis/>

Rachel Hollis is a bestselling author, TV personality, in-demand speaker, and founder and CEO of Chic Media, the foremost authority on premium digital content for women. Named one of Inc. Magazine's "Top 30 Entrepreneurs Under 30," Rachel uses her infectious energy to empower women to take control of their lives and pursue their passions without fear. Motivational, inspirational, and always approachable, Rachel's tell-it-like-it-is attitude is a refreshing approach that allows her to authentically connect with millions of women around the world. Rachel has worked with top brands including Walmart, Disney Junior, JCPenney, Rubbermaid, Sprint, and Keurig to create innovative and compelling content for Chic Media's award-winning women's lifestyle blog. Rachel is the author of the bestselling Girls Series, including Party Girl, Sweet Girl and Smart Girl, as well as a cookbook, Upscale Downhome. Rachel resides in Los Angeles with her husband and four children. For more information, visit TheChicSite.com.

Rachel grew up in a big loud Okie family. Daddy was a Pentecostal minister and Mama was the church pianist... and PS, she knows the words to all the old-timey hymns in case you want to break into three-part harmony later.

She moved to Los Angeles to go to college and promptly met a boy named David who was as handsome as he was funny. First she made that boy her best friend, and then she made him her husband. 10 years later they have three equally handsome/hilarious little boys named Jackson, Sawyer, and Ford. They live in LA where they spend their time doing super cool/sexy things like going to soccer practice and hitting up any restaurant where kids eat free with the purchase of an adult entrée.

Rachel Hollis



About
Author

Others book from Rachel Hollis

[GIRL, WASH YOUR FACE](#)



#1 NEW YORK TIMES BESTSELLER

Do you ever suspect that everyone else has life figured out and you don't have a clue? If so, Rachel Hollis has something to tell you: that's a lie.

As the founder of the lifestyle website TheChicSite.com and CEO of her own media company, Rachel Hollis developed an immense online community by sharing tips for better living while fearlessly revealing the messiness of her own life. Now, in this challenging and ...

[AMIGA, LÍVATE ESA CARA](#)



Con un ingenio irónico y una sabiduría lograda con esfuerzo, la popular celebridad en línea y fundadora de TheChicSite.com, Rachel Hollis, ayuda a sus lectoras a liberarse de las mentiras que las mantienen alejadas de la vida exuberante y rebosante de alegría que deberían tener.

Fundadora del sitio web sobre estilos de vida TheChicSite.com y directora ejecutiva de su propia compañía de medios, Chic Media, Rachel Hollis ha creado una base de fans en línea de cientos de miles de...

[AMIGA, DEJA DE DISCULPARTE](#)